

FIRSTHAND NEWS

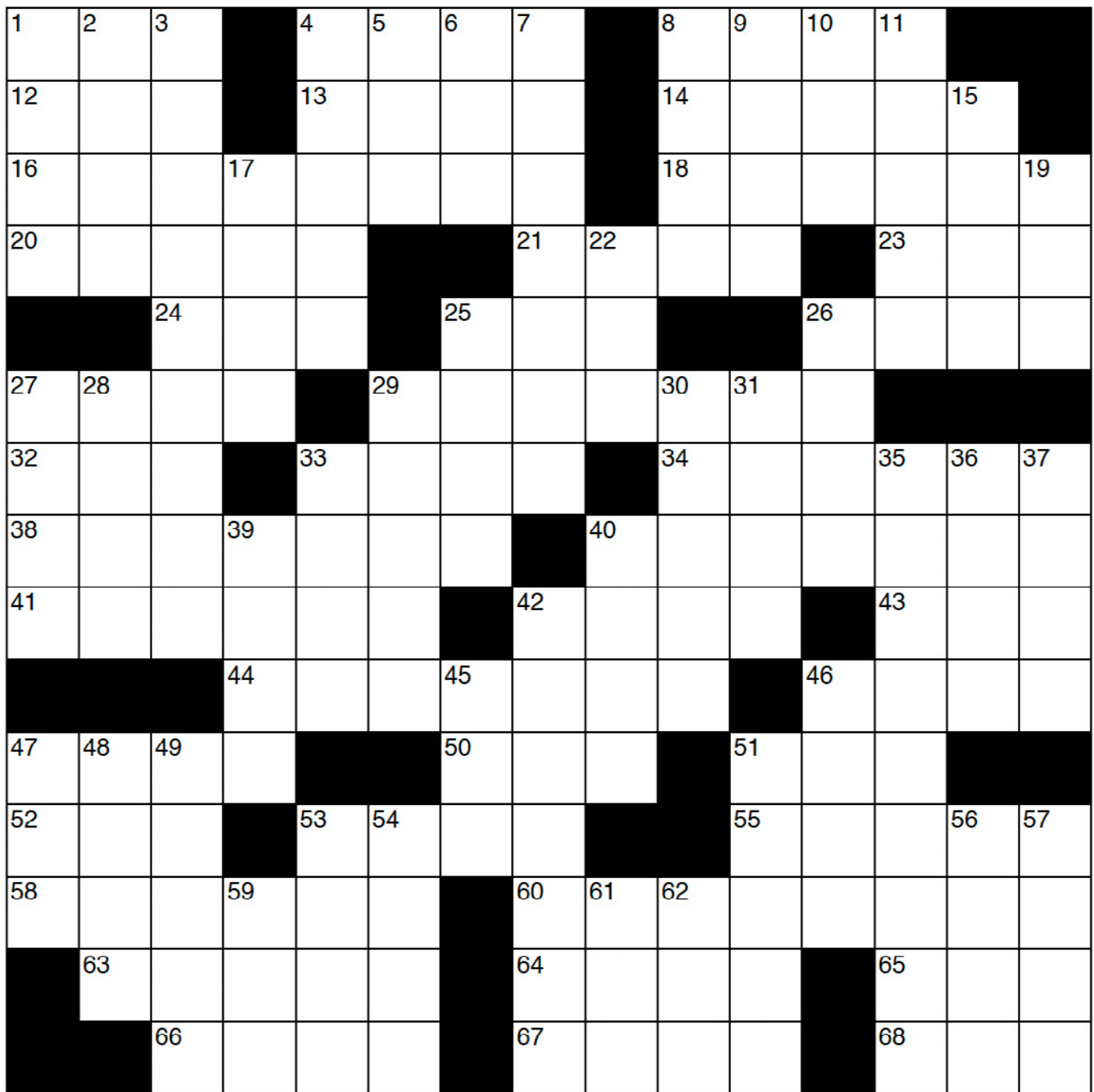
QUARTERLY COMMUNITY NEWSLETTER

2023
ISSUE 7

“Rosie
is an ambassador for
feeling good.”



Summer Crossword



By Jimmy and Evelyn Johnson - www.qets.com

Summer Crossword

CLUES

ACROSS

- 1 Western Athletic Conference
- 4 Burnish
- 8 ___ off
- 12 Tree
- 13 Land mass
- 14 Arched
- 16 Declare anew
- 18 Sausage
- 20 South American plain
- 21 Ca. University
- 23 Evening
- 24 Buddy
- 25 Fasten
- 26 Activity of propelling one's body through the water
- 27 Metric weight unit
- 29 Eastern US river
- 32 Electroencephalograph (abbr.)
- 33 Unrestrained movement or action for fun
- 34 Slanted font
- 38 Being a man
- 40 South-Eastern state
- 41 Not alert
- 42 Thought-provoking
- 43 Ruby
- 44 Affirms
- 46 Lad
- 47 Become closed
- 50 Tell a tall tale
- 51 Urn
- 52 Snake like fish
- 53 Congeal
- 55 Held the deed
- 58 Shifty
- 60 Prime real estate
- 63 Stadium
- 64 Blue-pencil
- 65 Nail
- 66 Prayer ending
- 67 Poles
- 68 Time zone

Summer Crossword

CLUES

DOWN

- 1 Distort
- 2 Afloat
- 3 Wine
- 4 Fundamental
- 5 Avail
- 6 Evergreen tree
- 7 Stupidity
- 8 Catch
- 9 Opera solo
- 10 Frost
- 11 Grant an extension
- 15 Hindu goddess, consort of Siva
- 17 Canned meat brand
- 19 Rock group
- 22 Corporate top dog
- 25 Frog
- 26 Blemish
- 27 Pearls
- 28 Actual
- 29 Clever plans
- 30 ___ per hour
- 31 A spinning toy (2 wds.)
- 33 Pas
- 35 Flashes in the sky
- 36 Thought
- 37 Outdoor space with temporary shelters
- 39 Degree of warmth
- 40 Lavish party
- 42 Hole maker
- 45 Annex
- 46 Mooing animals
- 47 Ocean
- 48 Goddess
- 49 Fanatical
- 51 Rhymers
- 53 Sixth month
- 54 Eagerness
- 56 Swiss-like cheese
- 57 Obligation
- 59 Female (abr.)
- 61 Flurry
- 62 Urchin



Meet Resident Volunteer Gwen

Silver Sky resident, Gwen, has a unique way of getting to know her neighbors. Every Saturday, she hosts one-to-one handwriting analysis sessions with her fellow residents. Using a notepad and pencil, her neighbors will write about their relationships with their parents and themselves using statements that begin with “I.” Gwen then analyzes a variety of handwriting characteristics, including slant, spacing, and pressure, that can indicate thousands of personality traits, such as whether the person is extroverted, stressed, creative, and more! Gwen spent two years learning handwriting analysis at the Hypnosis Motivation Institute in California.


“Handwriting analysis is not for everybody. I was one of those who excelled at it and I really enjoy it.” – Gwen



When she's not analyzing handwriting, Gwen also leads line dancing classes on Tuesdays. Silver Sky neighbors hear her upbeat tunes in the lobby, and they can't help but come out of their rooms to see what's going on. Gwen's positive energy is infectious as she encourages everyone to participate and join in on the fun!

Meet Volunteers

Karen and Dennis Bleifuss

A photograph of an older couple, Karen and Dennis Bleifuss, standing in front of a wall covered with bingo boards. Karen, on the left, has short grey hair and wears glasses and a black cardigan. Dennis, on the right, is bald with glasses and wears a maroon sweater. The bingo boards in the background include titles like 'Cake Icing', 'Plus', 'Railroad Tracks', and 'Posta'. The 'Railroad Tracks' board shows a pattern of black squares forming two vertical lines. The 'Plus' board shows a large black plus sign. The 'Cake Icing' board shows a grid with some numbers. The 'Posta' board shows a grid with some letters. On the far left, there is a vertical strip with numbers 0 through 75.

Over the past year, we have been lucky enough to become a part of two families. A year ago, we became acquainted with Daron and Darla Martin, the couple featured in the last issue of the FirstHAND Newsletter. They have graciously made us a part of their extended family and introduced us to the residents at Silver Sky at Deer Springs. The residents at Silver Sky have made us a part of their family as well. We enjoy calling Bingo on Tuesdays and Thursdays and look forward to seeing our regular players and meeting new residents. We have met so many wonderful people there and hope to be a part of their community for as long as we are able.

PET OF THE QUARTER

Rosie

*and her owner, Kim Alvey,
at Deer Springs*



Kim and Rosie have been together about eight years, and he shares “Rosie is an ambassador for feeling good, and everybody in the community knows her – I’m just that guy she’s with.”

Rosie’s Lassie moment:

“I had my wheelchair in for repairs, and I had a loaner chair that was smaller and not as stable. We were out and I reached down to pick up something and the chair tipped over and I just summersaulted onto the ground by the pool. Rosie came over and assessed the situation, and then she went over by the recreation area and kept coming back to check on me. Someone noticed her without me and knew something was wrong, so they alerted the staff. Once Rosie could tell help was on the way, she didn’t leave my side. Fortunately, the only thing hurt was my pride!”

What’s special about dogs:

“Dogs don’t know anything about building schools, or hospitals, or roads. But the things they do know are universe things, important things. Things that if we would just slow down enough and listen, we would know, too. Look them in the eye. It’s like they’re telling you ‘just listen.’ Dogs are awesome.”



Angie, Silver Sky Resident,
with Gail, Silver Sky Housekeeper



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Dear Nevada HAND,

I wish to give compliments to dining room server Gail at Silver Sky. As I observed Gail moving amongst the tables and serving residents her conduct and help is exceptional.

She is always polite and helpful to all of us. Gail is patient with the residents that can often be demanding).

I have seen her make frequent trips back to the kitchen to accommodate a request by a resident, always polite and gracious. Should a new server ever need help adjusting to the routine, Gail is the one to consider as a perfect guide to excellence.

Sincerely,

Angie

RESIDENT LETTER

Your Communities



Your Communities



Celebrating Last Quarter's Birthdays



SILVER SKY

ASSISTED LIVING

April 16 - Alberta T.

April 17 - Patricia T.

April 18 - Senia T.

April 25 - Cheryl O.

May 2 - Joan N.

May 5 - Lola M.

May 19 - Sharyn H

May 30 - Nancy H.

June 1 - Janet W.

June 3 - Darline R.

June 5 - Carol R.

June 12 - Yasmine G.

June 6 - Joy S.

June 24 - Don L.

June 26 - Phyllis P.



Celebrating Last Quarter's Birthdays



SILVER SKY

AT DEER SPRINGS

April 4 - Mary K.

April 4 - Bonnie K.

April 5 - Nancy S.

April 6 - Frank S.

April 7 - Sue T.

April 8 - Kathleen O.

April 14 - Kim A.

April 24 - Charlotte E.

April 27 - Sharon D.

April 30 - Carolyn P.

May 4 - Rita H.

May 9 - Jim F.

May 16 - Claudette S.

May 20 - Sydnie S.

May 23 - Geraldine C.

May 23 - Doris H.

May 27 - Marilyn B.

May 28 - Samuel M.

May 30 - Linda M.

May 30 - Janice C.

June 4 - Dolores J.

June 19 - Rosemary K.

June 27 - Shirley J.



Celebrating 10 Years of *Volunteering*

Mary Knue, Betty Bartolotta, Susan Reimers, Gale Heine started volunteering when the community first opened back in 2011. Mary, Betty and Susan decided to start a Saturday night Bingo following dinner time and have been doing it ever since. A couple of them stay after Bingo and play bridge also. Sometimes it goes well into the night!



Joe Micatrotto, Sr. has been a volunteer at Silver Sky since 2008. Joe is Knight Commander of the Holy Sepulchre, Catholic Archdiocese of Las Vegas, and he leads Catholic Services for residents on-site at Silver Sky every Thursday. He even visits residents in their apartments, if they wish to participate but are not able to join the group services.

Photo: Joe and his wife, Connie, leading a recent Pilgrimage in Rome.



Welcome Deer Springs Wellness Director

Tana Jackson is an LPN / ADON and brings over two decades of experience in residential settings. We are thrilled to have Ms. Jackson at Deer Springs, and she has already been busy connecting with residents and supporting our community with her expertise.



Deer Springs Community Reminder: Grocery Deliveries Should Come to Main Entrance

If residents order grocery delivery, please instruct the driver to use the main entrance (on the circle drive) and leave the delivery with the receptionist at the main desk to be sure it gets delivered. After hours, delivery drivers can ring the doorbell to gain access.

Pet Etiquette Reminders:

- When bringing your pet outside of your apartment, please make sure that they are on a leash at all times.
- When walking your dog on the grounds, please pick up after your pet. There are many dog stations that have waste bags and receptacles available on our campuses.
- Please remember if you leave the community for a long period of time, arrangements need to be made for taking care of your pet. If you require assistance, please see the administration office.
- If you have a cat in your apartment, you are required to change the kitty litter at least once a week. If you require assistance, please see the administration office.

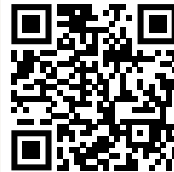
REMINDER



MASKS REQUIRED

All visitors and guests must check-in and complete a screening questionnaire and temperature check.

We're Hiring!



CAREGIVERS • MED TECHS
FOOD SERVICE WORKERS • COOKS
nevadahand.org/join-our-team/

Transportation Reminder

Transportation will provide outings in the morning and afternoon on Tuesdays and Thursdays. Outings will consist of shopping, lunch spots, casinos, the Pin Ball Hall of Fame, Ethel M Chocolate Factory, the LINQ, and more! Tuesday and Thursday outings are optional but may be high in demand. Make sure to sign up early! Spots will fill up. To learn more about Tuesday and Thursday transportation outings, see the front desk reception.

As a reminder, transportation services are available Mondays, Wednesdays, and Fridays for all clinical specialties/ medical appointments. Masks are required on public transportation, including Nevada HAND buses. If you need transportation to an upcoming appointment, please complete a transportation request form at the front desk. Request forms must be returned to the front desk at least 72 hours before your appointment. If you have questions about our transportation services, please contact the front desk reception at your community.

Summer Crossword

ANSWER KEY

Solution:

1	W	2	A	3	C		4	B	5	U	6	F	7	F		8	P	9	A	10	I	11	R	
12	A	S	H		13	A	S	I	A		14	A	R	C	E	15	D							
16	R	E	A	17	S	S	E	R	T		18	W	I	E	N	E	19	R						
20	P	A	M	P	A				21	U	22	C	L	A		23	E	V	E					
			24	P	A	L		25	T	I	E				26	S	W	I	M					
27	G	28	R	A	M		29	P	O	T	O	30	M	31	A	C								
32	E	E	G		33	P	L	A	Y		34	I	T	A	35	L	36	I	37	C				
38	M	A	N	39	H	O	O	D		40	F	L	O	R	I	D	A							
41	S	L	E	E	P	Y		42	D	E	E	P		43	G	E	M							
				44	A	S	S	45	E	R	T	S		46	C	H	A	P						
47	S	48	H	49	U	T		50	L	I	E		51	P	O	T								
52	E	E	L		53	J	54	E	L	L		55	O	W	N	56	E	57	D					
58	A	R	T	59	F	U	L		60	L	61	A	62	K	E	S	I	D	E					
		63	A	R	E	N	A		64	E	D	I	T		65	N	A	B						
			66	A	M	E	N		67	R	O	D	S		68	G	M	T						