

# FIRSTHAND NEWS

QUARTERLY COMMUNITY NEWSLETTER

2023  
ISSUE 8

## The One-Man Band

*Meet Volunteer,  
Dick Krupa*





## A Celebration of New Beginnings

After 11 years of dedication to Nevada HAND, Robert Colbert hands over the reigns to our new Vice President of Assisted Living, Cathrine Helton. Robert regarded his position as more than a job, but rather a commitment and passion to be a servant leader to staff, residents, family members, community partners, and regulatory agencies. He will be greatly missed!

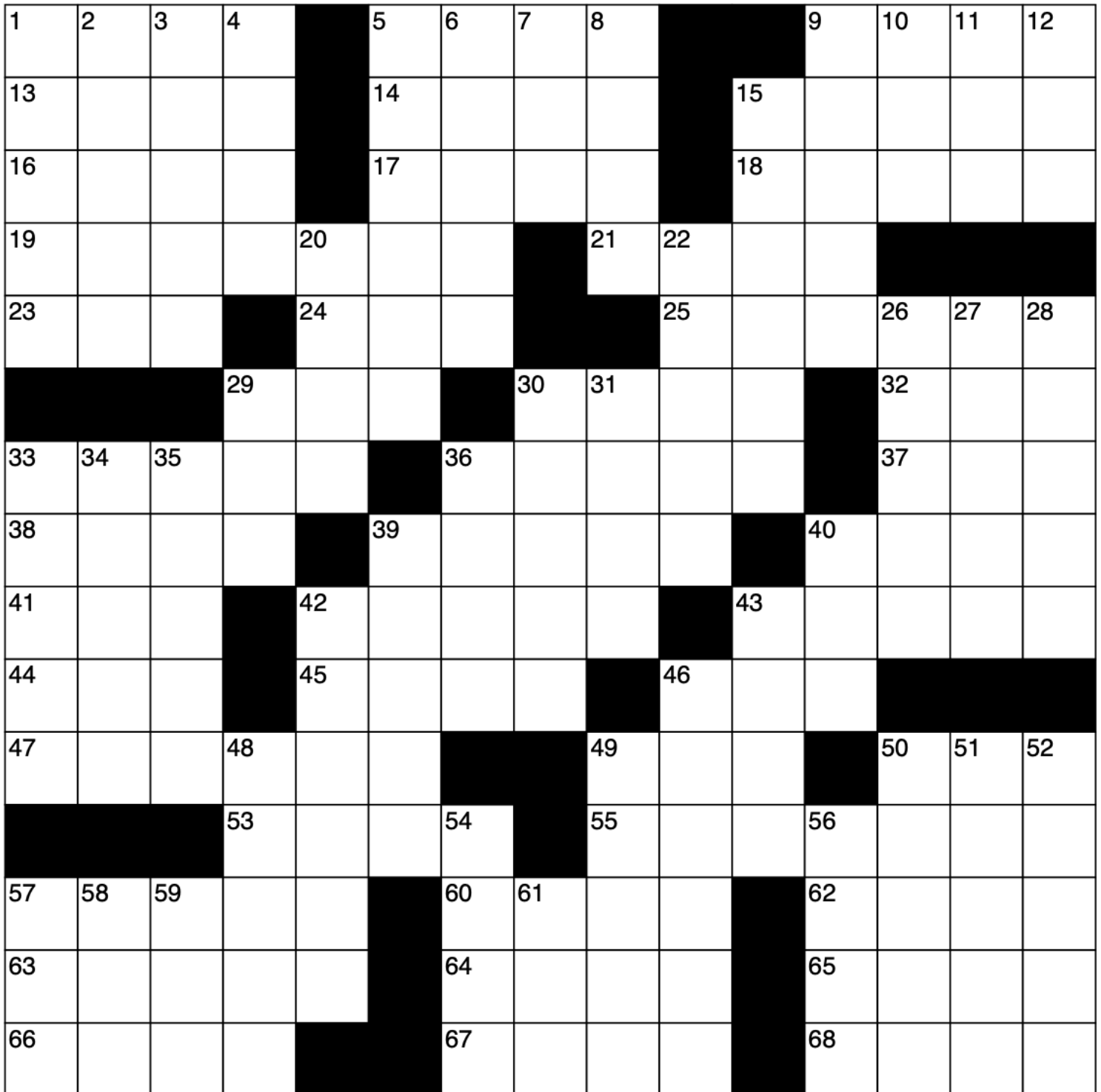


**Cathrine Helton**  
*VP of Assisted Living*

We are excited to welcome **Cathrine** to the team as a visionary leader in the field of senior living. Throughout her career, Cathrine has touched the lives of seniors through multiple leadership roles. In both her personal and professional life, Cathrine continues to exemplify the values of empathy, integrity, and excellence, setting a high standard for the field of senior living. We are excited to see the impact she will have on our Silver Sky and Deer Springs residents!



# Harvest Crossword



By Jimmy and Evelyn Johnson - [www.qets.com](http://www.qets.com)

# Harvest Crossword

## CLUES

### ACROSS

- 1 Belt
- 5 Father
- 9 Continent
- 13 Brand of sandwich cookie
- 14 Cover a present
- 15 Fruit of the oak tree
- 16 Gets older
- 17 Employ
- 18 Kitten
- 19 Large gourdlike orange fruit
- 21 Department (abbr.)
- 23 Affirmative
- 24 Moose relative
- 25 Harvests
- 29 Yes
- 30 Plain
- 32 Brainpower
- 33 Drenches
- 36 Perennial woody plants consisting of roots, a trunk and branches
- 37 Hatchet
- 38 Capital of Western Samoa
- 39 Fire
- 40 Secondary
- 41 First color on the spectrum
- 42 Produce eggs
- 43 Birds with webbed feet
- 44 Is
- 45 Has 4 identical siblings
- 46 2,000 pounds
- 47 Played (2 wds.)
- 49 Calorie
- 50 Cation
- 53 Tool consisting of a long handle and a row of tines
- 55 Cooked until chewy (2 wds.)
- 57 Taboos
- 60 Soft cheese
- 62 Prick
- 63 Cleaning tool
- 64 Be on fire
- 65 Took to court
- 66 Left
- 67 Delivered by post
- 68 Goofs

# Harvest Crossword

## CLUES

### DOWN

- |   |  |
|---|--|
| <b>1</b> Sudsy  | <b>35</b> Helped   |
| <b>2</b> Reason   | <b>36</b> Citizen  |
| <b>3</b> Gives the impression of being  | <b>39</b> Courage  |
| <b>4</b> Hospital (abbr.)   | <b>40</b> Pencil's pal                                   |
| <b>5</b> Some time  | <b>42</b> Gourdlike fruit                                |
| <b>6</b> Limit  | <b>43</b> Metallic yellow color                          |
| <b>7</b> Forbid   | <b>46</b> Flair  |
| <b>8</b> Imitated   | <b>48</b> White covering of dew frozen into ice crystals |
| <b>9</b> Opp. of chronic  | <b>49</b> Marker   |
| <b>10</b> Distress call   | <b>50</b> Accumulate debt                                |
| <b>11</b> Tax agency  | <b>51</b> Remaining one                                  |
| <b>12</b> One of these  | <b>52</b> Requires                                       |
| <b>15</b> Firm round fruit with succulent white flesh and red, green or yellow skin | <b>54</b> Tides  |
| <b>20</b> Lock openers  | <b>56</b> Console  |
| <b>22</b> Heron   | <b>57</b> Compass point                                  |
| <b>26</b> Hip   | <b>58</b> Miner's goal                                   |
| <b>27</b> Vetoes  | <b>59</b> Abbess   |
| <b>28</b> Plains  | <b>61</b> Regret   |
| <b>29</b> Also known as (abbr.)   |  |
| <b>30</b> Color of soil   |  |
| <b>31</b> Billions of years   |  |
| <b>33</b> ___ Lee (pie brand name)  |  |
| <b>34</b> Musical production  |  |



# Five Fun Facts

**about**  
**Volunteer Musician,**  
**Richard “Dick” Krupa**



Dick Krupa arrives at Deer Springs an hour early to set up for his saxophone performance, and a crowd has already assembled in anticipation. During his monthly concerts, this one-man band fills the halls with smooth jazz tunes and old favorites to encourage residents to clap and sing along. We got a chance to chat with Dick about his accomplishments, his passion for music, and more!



1. Music runs through Dick's veins. His uncle is Gene Krupa, the famous American jazz drummer, bandleader, and composer.
2. Dick shares his musical talent by performing at four assisted living facilities in Las Vegas for free.
3. He owned a company in Hawaii for 28 years before selling it and moving to Las Vegas in 2006.
4. He started playing the saxophone in the sixth grade and would play every day, until he became busy with his career and family. After 40 years, he picked it back up and reignited his love for the instrument.
5. He loves playing the saxophone for our residents because he “likes to see the smiles on their faces.”



# PET OF THE QUARTER

## Tweety

*and her owner, Nancy,  
at Silver Sky*

Tweety, the canary, was gifted to Nancy two years ago by her son, soon after she moved to Silver Sky so she would have a friend to keep her company.

**"I can get very lonely so it's a joy for me to have someone that needs me and knows I'll take care of him." - Nancy**

Tweety greets Nancy with a song every day, and they can often be heard conversing via whistling in her home. Nancy is thankful to have a low-maintenance companion and spoils him often with his favorite treats - lettuce and fruit!



## REMINDER:

The Silver Sky Book Club meets on the **third Tuesday of every month at 3 p.m.**

Choose your new reading material when the library visits on the **fourth Tuesday of every month at 3:00 p.m.**



# Grand Reveal:

## Four New Apartment Units



When Silver Sky and Deer Springs were initially designed, they featured special “guest rooms” with the idea of offering family members a comforting space to stay. Although rooted in the best of intentions, over the years, we observed that these spaces remained largely unused.

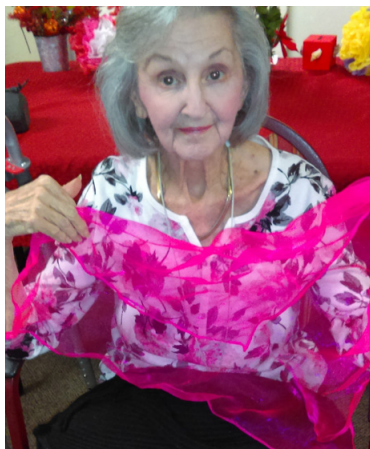
Recognizing the growing demand for our unparalleled services as the sole provider of affordable assisted living in the state, we recently embarked on an exciting transformation! Those “guest rooms” have now been elegantly renovated into brand-new permanent resident units.

These revamped spaces have given life to two additional resident units in each community, expanding our capacity to accommodate more members of our community. Designed with the same comfort, quality, and aesthetics of our current units, these additions not only enrich the living experience but also strengthen the financial health of Silver Sky and Deer Springs. This ensures that we can continue offering the very best services to all our cherished residents.

We’re delighted about this enhancement and believe you will be too! It’s a testament to our ongoing commitment to serve our community better and ensure that Silver Sky and Deer Springs remain the heartwarming, welcoming places they’ve always been.



# Your Communities





# Your Communities





# Celebrating Last Quarter's Birthdays



## SILVER SKY

ASSISTED LIVING

**July 4** - Gisele M.

**July 5** - Selma K.

**July 8** - Ailene H.

**July 18** - Eugene B.

**July 18** - Sandra B.

**July 21** - Dorothy S.

**July 21** - Vikki R.

**July 23** - Mary K.

**July 26** - Jewel J.

**July 28** - Jean J.

**Aug. 11** - Nancy M.

**Aug. 15** - Thomas R.

**Aug. 23** - Helen E.

**Aug. 31** - Anita S.

**Sept. 1** - Ruby P.

**Sept. 2** - Don I.

**Sept. 3** - Sharon P.

**Sept. 5** - Mark S.

**Sept. 5** - Ellouise N.

**Sept. 8** - Victor E.

**Sept. 13** - Beverly P.

**Sept. 29** - Honey L.



# Celebrating Last Quarter's Birthdays



## SILVER SKY

AT DEER SPRINGS

**July 1** - Vergie L.

**July 7** - Frances M.

**July 7** - Warner W.

**July 11** - Frank T.

**July 13** - Eleanor D.

**July 13** - Arlene P.

**July 22** - Mark Thomas

**July 27** - Joseph (Paul) D.

**July 27** - Karen K.

**July 29** - Joanne S.

**Aug. 3** - Barbara M.

**Aug. 5** - Marlene D.

**Aug. 9** - Donald F.

**Aug. 15** - Nadine C.

**Aug. 16** - Jeanne D.

**Aug. 19** - Joy M.

**Aug. 30** - Phyllis C.

**Sept. 4** - Lois 'Liz' S.

**Sept. 7** - Isabel D.

**Sept. 8** - Barbara A.

**Sept. 11** - Hilmer 'Lee' C.

**Sept. 12** - Donna P.

**Sept. 12** - Gregory R.

**Sept. 18** - Donnie P.

**Sept. 18** - Margaret S.

**Sept. 22** - Judith C.

**Sept. 27** - Barry P.





# Deer Springs Community Reminder: Grocery Deliveries Should Come to Main Entrance

If residents order grocery delivery, please instruct the driver to use the main entrance (on the circle drive) and leave the delivery with the receptionist at the main desk to be sure it gets delivered. After hours, delivery drivers can ring the doorbell to gain access.

## Pet Etiquette Reminders:

- When bringing your pet outside of your apartment, please make sure that they are on a leash at all times.
- When walking your dog on the grounds, please pick up after your pet. There are many dog stations that have waste bags and receptacles available on our campuses.
- Please remember if you leave the community for a long period of time, arrangements need to be made for taking care of your pet. If you require assistance, please see the administration office.
- If you have a cat in your apartment, you are required to change the kitty litter at least once a week. If you require assistance, please see the administration office.

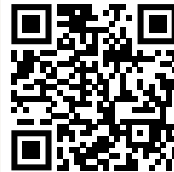
### REMINDER



**MASKS REQUIRED**

All visitors and guests must check-in and complete a screening questionnaire and temperature check.

### *We're Hiring!*



CAREGIVERS • MED TECHS  
FOOD SERVICE WORKERS • COOKS  
[nevadahand.org/join-our-team/](https://nevadahand.org/join-our-team/)

## Transportation Reminder

Transportation will provide outings in the morning and afternoon on Tuesdays and Thursdays. Outings will consist of shopping, lunch spots, casinos, the Pin Ball Hall of Fame, Ethel M Chocolate Factory, the LINQ, and more! Tuesday and Thursday outings are optional but may be high in demand. Make sure to sign up early! Spots will fill up. To learn more about Tuesday and Thursday transportation outings, see the front desk reception.

As a reminder, transportation services are available Mondays, Wednesdays, and Fridays for all clinical specialties/ medical appointments. Masks are required on public transportation, including Nevada HAND buses. If you need transportation to an upcoming appointment, please complete a transportation request form at the front desk. Request forms must be returned to the front desk at least 72 hours before your appointment. If you have questions about our transportation services, please contact the front desk reception at your community.

# Harvest Crossword

## ANSWER KEY

1	S	2	A	3	S	4	H		5	A	6	B	7	B	8	A		9	A	10	S	11	I	12	A
13	O	R	E	O		14	W	R	A	P		15	A	C	O	R	N								
16	A	G	E	S		17	H	I	R	E		18	P	U	S	S	Y								
19	P	U	M	P	20	K	I	N		21	D	22	E	P	T										
23	Y	E	S		24	E	L	K		25	G	L	E	26	A	27	N	28	S						
				29	A	Y	E		30	B	31	A	R	E		32	W	I	T						
33	S	34	O	35	A	K	S		36	T	R	E	E	S		37	A	X	E						
38	A	P	I	A		39	S	H	O	O	T		40	P	R	E	P								
41	R	E	D		42	S	P	A	W	N		43	G	E	E	S	E								
44	A	R	E		45	Q	U	I	N		46	T	O	N											
47	H	A	D	48	F	U	N		49	C	A	L		50	I	51	O	52	N						
				53	R	A	K	54	E		55	A	L	D	56	E	N	T	E						
57	N	58	O	59	N	O	S		60	B	61	R	I	E		62	A	C	H	E					
63	B	R	U	S	H				64	B	U	R	N		65	S	U	E	D						
66	W	E	N	T					67	S	E	N	T		68	E	R	R	S						